

2000

## 2000-2001 Northern Iowa Swimming & Diving

University of Northern Iowa

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TEAM

**2000-2001 Northern Iowa  
Swimming & Diving**



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## UNI QUICK FACTS

Location.....Cedar Falls, IA  
Founded.....1876  
Enrollment.....13,800  
President.....Dr. Robert Koob  
Colors.....Purple and Old Gold  
Nickname.....Panthers  
Conference.....Missouri Valley  
Affiliation.....NCAA Div. I  
Home Pool.....Wellness & Rec Pool

## IMPORTANT NUMBERS

Athletics Director.....Rick Hartzell  
Phone.....(319) 273-2470  
Ath. Media Relations.....Nancy Justis  
Office.....(319) 273-6354  
Fax.....(319) 273-3602  
Swimming Contact.....Cam Schultz  
Office.....(319) 273-5455  
e-mail.....schultc1418@uni.edu

## CREDITS

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## SWIMMING/ DIVING FACTS

Head Coach.....Danny May  
Office.....319-273-7946  
e-mail.....yswimfast@uni.edu

Diving Coach.....Victor Laughlin  
Office.....319-273-7946

## MEN'S FACTS

1999-00 Record.....7-5  
Valley Finish.....4th  
Letterwinners returning/lost.....2/12

## WOMEN'S FACTS

1999-00 Record.....9-3  
Valley Finish.....5th  
Letterwinners returning/lost.....10/6

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[www.uni.edu/athletic](http://www.uni.edu/athletic)



# COACHING STAFF

## HEAD COACH DANNY MAY

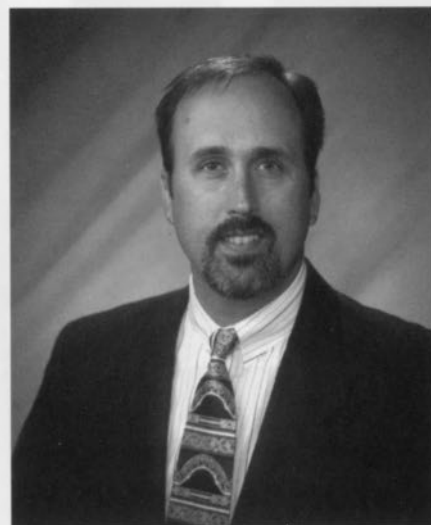
Danny May is in his second season as head swimming coach at Northern Iowa. May enjoys the job of being head coach of both the men's and women's programs.

"I was given the luxury of being fulltime coach, which means I'm able to give more time to the athletes. They are expected to put in more time in workouts and that will show through positive results in how they perform."

Before leading Northern Iowa, May was an assistant at Brigham Young University. While at BYU, his swimmers broke school records in every event in which they competed. May also spent four years as head coach at Hemet High School in California. He led Hemet to an unblemished record in league competition and coached the CIF Southern Section Athlete of the Year in 1995. He also has coached several Junior National and Top 16 qualifiers at the club level.

May swam collegiately at BYU, helping the Cougars to a second-place finish at the Western Athletic Conference Championships in 1988.

May lives in Cedar Falls with his wife, Sunny, and his six year old son, Tennyson.



### THE MAY PROFILE

**BIRTHDAY:** March 3, 1965

**COLLEGE:**

Brigham Young  
1990, B.A., English  
1992, M.A., American Studies

**SWIMMING CAREER:**

Three-event All-American  
Fullerton College (CA), 1983  
Top swimmer for Brigham Young

**COACHING CAREER:**

'90-92 Assistant Coach, BYU  
'92-96 Head Coach  
Hemet High School  
Hemet, California

## DIVING COACH VICTOR LAUGHLIN

Victor Laughlin is in his second season as Northern Iowa's diving coach. Laughlin was a four-time Atlantic Coast Conference diving champion and two-time all-American at South Carolina in the late 1960's. He also was a four-time Southern Intercollegiate Diving Champion. He recorded a third place finish at the 1968 AAU 10 Meter Diving Championships and a 10th place finish at the 1968 10 Meter U.S. Olympic Diving Trials.

Laughlin was the head diving coach at Luther College in Decorah, IA, from 1994 to 1998. He also coached Waterloo (IA) East High School's swimming and diving teams in 1997 and 1998.



# WELLNESS & REC. CENTER POOL



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## Wellness & Recreation Center Pool Facts

**Year Opened:** 1998

**Rec Center Web Site:**  
[www.uni.edu/wellrec](http://www.uni.edu/wellrec)

**Seating Capacity:** 300

### Pool Features:

- One eight-lane 25-meter course
- 13' deep end, 4' shallow end
- Two one meter boards
- Two three meter boards
- Colorado Timing System
- Coaches office off deck
- Hospitality room off deck

### Rec Center Features:

- Basketball courts (10)
- Racquetball courts (6)
- 40-foot climbing wall
- Outdoor recreation center
- Free-weight workout
- Cardio/strength training room
- Running track
- Dance studios

### Special Events

- "Big Splash" competition
- "Movie in the Pool"

In the spring of 1998, the University of Northern Iowa completed construction of its new multipurpose student and athletic facility--the Wellness & Recreation Center.

The \$14 million center is the home of the Northern Iowa swimming and diving teams.

The Wellness & Recreation Center Pool consists of eight 25-meter lanes. All lanes are equipped with the Colorado Times Electronic Timing System. This system is connected to the large electronic scoreboard that allows spectators to follow the event's action in real time.

The pool also is surrounded by a closed gutter filtration system which drastically reduces water turbulence, helping to increase the swimmer's speed.

The pool has two one-meter diving boards located pool side and two three-meter boards fitted on a diving platform located on the north end of the pool. The diving well has a depth of 13 feet.

Seating for meets includes elevated permanent seating for 300 spectators. The overlooking seating gives fans a spectacular, up-close perspective to watch the competition.

Fans and parents also can take advantage of the pool's hospitality room during swimming meets.

In addition to the use by the Panther swimming and diving teams, the pool is open to the University of Northern Iowa community for recreational events, such as intramurals, swimming lessons, open swim, water aerobics and lifeguard certification classes.

UNI also holds several special events at the pool throughout the year. "Band on the Water" and "Movie in the Pool" are two events sponsored annually by Northern Iowa. The pool also hosts the university's "Big Splash" competition.

Open daily to the UNI community, the rest of the Wellness & Recreation Center houses basketball, volleyball and racquetball courts, dance and exercise rooms, two weight rooms and an indoor track.



# MISSOURI VALLEY CONFERENCE

The new millennium brings challenges for college sports programs, but the Missouri Valley Conference continues to lead by example as one of college athletics most progressive conferences. Now in its 94th year of existence, the Missouri Valley Conference emphasizes the importance of the student-athlete and is aggressive in its approach to provide opportunities for its member institutions.

Since its inception in 1907, the Missouri Valley Conference has been regarded as a leader by its peers among today's collegiate athletic conferences.

The seeds for the vision of the conference were planted by eight administrators representing five institutions who gathered at the Midland Hotel in Kansas City, Mo., on Jan. 12, 1907. The five schools which formed the Missouri Valley Intercollegiate Athletic Association were Washington University of St. Louis, and the state universities of Iowa, Kansas, Missouri and Nebraska. Two months after the initial meeting, two more schools -- Drake and Iowa State College -- were admitted.

Current members of the Valley include Bradley University, Creighton University, Drake University, University of Evansville, Illinois State University, Indiana State University, University of Northern Iowa, Southern Illinois University, Southwest Missouri State University and Wichita State University.

In the fall of 1907, basketball became the first competitive sport. Today, the Missouri Valley Conference sponsors the following sports: baseball, men's and women's basketball, men's and women's cross country and track (indoor and outdoor), men's and women's golf, men's and women's soccer, softball, men's and women's swimming and diving, men's and women's tennis and women's volleyball. During the 1992-93 academic year, women's athletics were brought under the Valley umbrella for the first time. The Gateway Collegiate Athletic Conference -- which began in 1982 -- merged with the Missouri Valley Conference and was unveiled as part of the new conference on July 1, 1992. This season, the league will conduct its 90th outdoor track and field championship, its 83rd tennis championship, its 47th baseball tournament and its 63rd golf championship for the men. Those programs, plus other current sponsored sports of cross country (42 years), indoor track (34), soccer (10) and swimming and diving (7), have helped solidify the Missouri Valley Conference as one of the most respected conferences nationally.

Athletic accomplishments on the men's athletics side include four national basketball championships, 17 trips to the NCAA Men's Basketball Final Four and a 1989 national baseball championship. MVC student-athletes and coaches have become household names during the conference's illustrious history, both during their collegiate careers and, for some, professional careers which have followed stardom in the Missouri Valley Conference.

The Valley, which has a storied past, began honoring that tradition in the summer of 1997, when the Missouri Valley Conference started its Hall of Fame. Hersey Hawkins of Bradley, Larry Bird of Indiana State, Wes Unseld of Louisville, Coach Henry Iba of Oklahoma State, Dave Stallworth of Wichita State, Ed Macauley of Saint Louis and Oscar Robertson of Cincinnati were members of the initial induction class in 1997. On September 11, 2000, the Conference inducted Dick Boushka of Saint Louis, Cleo Littleton of Wichita State and the late Maury John as members of its fourth Hall of Fame class.

The 1999-00 academic year was, arguably, one of the greatest seasons in the history of the Missouri Valley Conference. In all, the Valley received a total of five at-large bids to NCAA championships -- two in baseball and one in men's and women's basketball and one in men's soccer.



**Missouri Valley Conference**  
1818 Chouteau Ave.  
St. Louis, MO 63103  
314-421-0339 (office phone)  
314-997-9877 (scoreboard)  
314-421-3505 (fax)



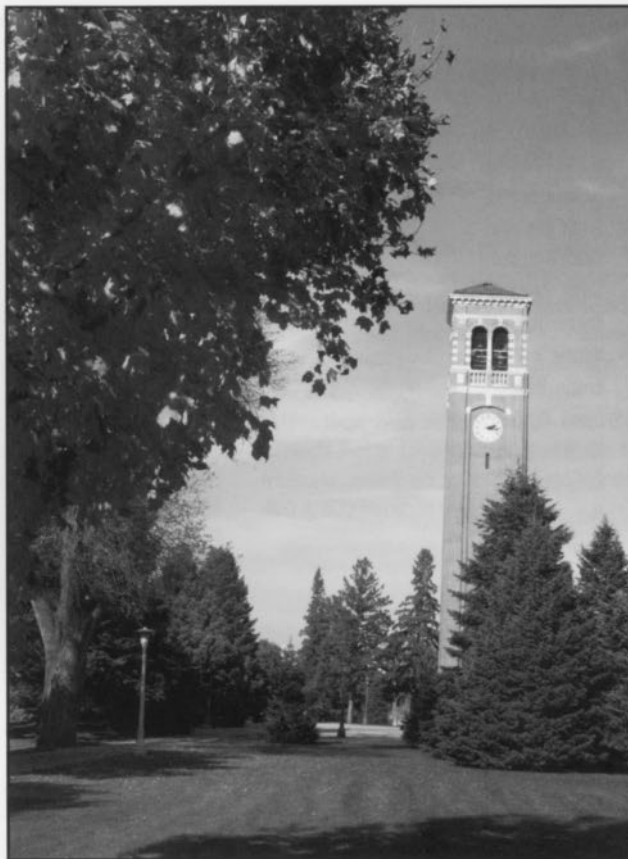
# Students First

The University of Northern Iowa was founded in 1876 as the Iowa State Normal School. In 1909, it became Iowa State Teachers College. In 1961, the name was changed to State College of Iowa, and in 1967, the Iowa Legislature acted to change the status of the institution to that of a university under its present title.

While maintaining its primary emphasis on teacher education, the university has evolved into one of the finest comprehensive public universities in the nation, with nationally-acclaimed programs in many disciplines.

UNI emphasizes outstanding undergraduate education and offers selected graduate programs at the master's, specialist's and doctoral levels.

Building on its historic strength in teacher education, the university has developed a number of outstanding programs in its Colleges of Business Administration, Education, Humanities and Fine Arts, Natural Sciences, and Social and Behavioral Sciences. UNI also participates in the bachelor of liberal studies program offered by Iowa's Regent Universities, and the university's division of Continuing Education and Special Programs provides classes off-campus in centers throughout the state.



Recognized as the premier public undergraduate university in the state, UNI is no longer Iowa's "best kept secret," as evidenced by the demand for its high-quality programs. UNI enrollments have grown by nearly eight percent in the past five years. Enrollment on UNI's 900-acre campus was 13,774 students in the fall of 2000, which represented the third consecutive year of record enrollments. Students come from every county in Iowa, 46 states and 57 countries.

UNI's heritage and philosophy place great value on providing a student-centered educational experience. The university offers a learning environment that is small enough to offer students individualized attention, yet large enough to provide a variety of resources, including distinguished faculty. The university prides itself on its reputation as a great teaching institution, and most courses are taught by one of more than 600 full-time faculty members who are committed to helping students grow intellectually and personally.

UNI's accounting program continues to be ranked among the best in the nation, as does its music program. Student groups ranging from interests in chemistry to conservation to public relations have been recognized for excellence by their respective national organizations.

UNI offers a wide variety of cultural programs, conferences and outreach services. Continuing Education's non-credit division, the College of Business Administration's Business and Community Services division and the university's Office of Conference and Visitor Services offer outreach programs to business and industry, locally and across Iowa.

<http://www.uni.edu>



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# 2000/01 WOMEN'S ROSTER

Name	Year	Hometown/High School
Lindsey Bauer	Freshman	Waterloo, IA (West)
Melanie Brewer*	Sophomore	Davenport, IA (West)
Sarah Burbach*	Sophomore	Dubuque, IA (Wahlert)
Heidi Ditscheit	Freshman	DeForest, IA (DeForest)
Sarah Hansvick**	Junior	Marshall, MN (Marshall)
Kristen Harvey	Freshman	Hoffman Estates, IL (Fremd)
Natalie Heitman	Senior	Chicago, IL (Michigan City)
Kristin Hogan*	Sophomore	Clive, IA (Carmel High (IN))
Diana Kersbergen	Sophomore	Marshalltown, IA (Marshalltown)
Michelle Larson	Freshman	Clinton, IA (Clinton)
Anne Lewis*	Sophomore	Huxley, IA (Ballard)
Melissa Matz**	Junior	Dubuque, IA (Senior)
Sara Nachtman*	Sophomore	Dubuque, IA (Wahlert)
Shaunah Parrish**	Junior	Hamilton, OH (St. Clair)
Kari Redenius	Junior	Charles City, IA (Charles City)
Jessi Sedey	Sophomore	Mapleplain, MN (Delano)
Melissa Tippet*	Sophomore	Winthrop Harbor, IL (Zion Benton)
Sara Urbas***	Senior	Ballwin, MO (Marquette)
Erika Uthoff	Freshman	Marengo, IA (Iowa Valley)
Debbie Williams	Freshman	Omaha, NE (Omaha North)
Karly Wortmann	Sophomore	Bloomfield, IA (Davis County)

\* Letters Earned

## 2000-01 Outlook

### Tough Act to Follow

Last season, UNI broke 27 school records, scored 60 percent more points at the Missouri Valley championships than the previous year, had its first all-conference performer in years (**Jennifer Sokolowski**), and won the Midwest Classic Championship.

### Super Sophomores

Much of last year's success came from the talented freshman class. With a year of college experience, the now sophomore class plans to have even more success. Leading the way is **Sarah Burbach** (Dubuque, IA). Burbach scored more points than any other Panther at the Valley meet last year. Other school record holders returning for their sophomore seasons are **Kristin Hogan** (Clive, IA), **Melanie Brewer** (Davenport, IA), and **Melissa Tippet** (Winthrop Harbor, IL), who will provide depth, strength and leadership after their successful debuts last season.

### Notable Newcomers

Joining the team is a group of powerful newcomers. **Kristen Harvey** (Hoffman Estates, IL) will be counted on to lead the distance group this year and looks to be the first Northern Iowa swimmer to place in the top eight at conference in the 500 and the 1650 in nearly a decade. **Heidi Ditscheit** (DeForest, WI) is one of the most versatile athletes on the team. State champion **Erika Uthoff** (Marengo, IA) will contribute immediately to the team. This group could have an even greater impact than last year's freshman class.

### Leading the Way

Although the underclassmen are loaded with talent, that does not mean that the upperclassmen are without their stellar performers. **Sarah Hansvick** (Marshall, MN) was the most well-rounded star of last season. She currently holds four school records and also has top five times in three other events. **Sara Urbas** (Ballwin, MO) is the only other school record holder on the team and the only senior to hold that distinction. Urbas is the school recorder holder in the 200 backstroke and also has two other top five times.



## Sara Urbas

Senior  
Ballwin, MO  
Marquette HS



**Captain**

**Personal:** ...parents are Brenie and Judy...Chemistry major...holds a 3.6 GPA...favorite food is spaghetti...athlete she admires most is Amy VanDyken...person she admires most is her mom...favorite musical group is Dave Matthews Band.

**Athletics:** high school coach was Jim Halibuton...placed fourth in the 100 backstroke at Missouri High School Championships...holds UNI top-five times in the 100 backstroke and 400 IM.

## Melissa Matz

Junior  
Dubuque, IA  
Dubuque Senior HS



**Personal:** ...parents are James and Elaine...Education major...was all-state speech participant in high school...favorite food is a salad...athlete she admires most is Janet Evans...favorite musical group is Dave Matthews Band.

**Athletics:** high school coach was Dan Duclous...member of Iowa high school state champion swim team.

## Melanie Brewer

Sophomore  
Davenport, IA  
Davenport West HS



**Personal:** ...parents are John and Brenda...Elementary Education major...favorite food is peaches and ice cream...favorite book is "Tuesdays with Morrie"...athlete she admires most is Michael Johnson...favorite quote is "It's love, not money, that makes you rich".

**Athletics:** high school coach was Dick Benisch...holds UNI top-five time in the 100 freestyle...swam on school record-breaking 400 & 800 freestyle relay.

## Sarah Hansvick

Junior  
Marshall, MN  
Marshall HS



**Captain**

**Personal:** ...parents are Dave and Ann...Biology major...favorite food is tacos and fudge brownies...athlete she admires most is Jenny Thompson...favorite quote is "If you think you can't, you won't".

**Athletics:** high school coach was Julie Lucier...holds UNI school records in the 100 freestyle, 100 and 200 breaststroke, and the 200 IM...also holds top-five times in the 50.

## Shaunah Parrish

Junior  
Hamilton, OH  
St. Clair HS



**Personal:** ...parents are Patrick and Karen...Psychology major...favorite food is spaghetti...person she admires most is her mother...plans to attend graduate school.

**Athletics:** high school coach was Don Mason.

## Sarah Burbach

Sophomore  
Dubuque, IA  
Dubuque Wahlert HS



**Personal:** ...parents are Greg and Connie...Marketing major with English minor...favorite food is chicken and rice...favorite film is "Dumb and Dumber"...athlete she admires most is Amy VanDyken...was high school validictorian.

**Athletics:** high school coach was Pete Ross...holds five UNI school records and was involved in breaking 14 records last season...scored the most points on UNI

## Natalie Heitmann

Senior  
Chicago, IL  
Michigan City HS (IL)



**Personal:** ...parents are Paul and Jane...Health Promotions major...favorite food is chicken salad...athlete she admires most is Janet Evans...favorite novel is "Hobbit".

**Athletics:** high school coach was George Congreve...qualified for state championships her sophomore, junior and senior years...also plays rugby.

## Kari Redenius

Junior  
Charles City, IA  
Charles City HS



**Personal:** ...parents are Chuck and Lynn...Organizational Communication major...favorite food is lasagna...athlete she admires most is Marc Spitz...favorite film is "The Wedding Singer".

**Athletics:** high school coach was Teri Turner...four-time state qualifier...holder of five records at Charles City High School.

## Kristin Hogan

Sophomore  
Clive, IA  
Carmel HS (IN) HS



**Personal:** ...parents are Jim and Michelle...Graphic Communication major...favorite food is chicken and rice...favorite movie is "Cruel Intentions"...favorite novel is "Of Mice and Men".

**Athletics:** high school coach was Tony Young...1999 first-team all-state in Indiana...holds UNI top-five times in the 100 & 200 butterfly and the 200 IM.



2000/01  
PANTHER  
WOMEN



## Diana Kersbergen

Sophomore  
Marshalltown, IA  
Marshalltown HS



**Personal:** ...parents are Dan and Abby...Public Relations major...favorite food is tacos...favorite musical group is the Dixie Chicks...favorite movie is "The Little Mermaid".  
**Athletics:** high school coach was Linda Bloom...four-time Iowa high school state qualifier...was swim team captain her senior year.

## Melissa Tippet

Sophomore  
Winthrop Harbor, IL  
Zion Benton HS



**Personal:** ...parents are Jeff and Cindy...Health Promotions major...favorite food is turkey...favorite quote is "Pain is temporary, pride lasts forever"...favorite novel is "Prayer for Owen Meany".  
**Athletics:** high school coach was Glory Prigge...two-time high school MVP...state qualifier her senior season.

## Michelle Larson

Freshman  
Clinton, IA  
Clinton HS



**Personal:** ...parents are John and LuAnn...enjoys pasta and angel food cake...favorite movie is "Dazed and Confused"...athlete she admires most is Jenny Thompson...favorite musical group is N'Sync...favorite novel is "Helter Skelter".  
**Athletics:** high school coach was Steve Wilkens...two-time state runner-up in the 100 breaststroke and 200 IM and finished fourth in 100 butterfly.

## Anne Lewis

Sophomore  
Huxley, IA  
Ames HS



**Personal:** ...parents are Doug and Chris...Chemistry major...Presidential Scholar...enjoys Chinese food...favorite quote is "Outlook determines outcome"...athletes she admires most are Tim Duncan and David Robinson.  
**Athletics:** high school coach was Nancy Svien...state qualifier at Ames High School...holds UNI top-five times in 100 & 200 breaststroke.

## Heidi Ditscheit

Freshman  
DeForest, IL  
DeForest HS



**Personal:** ...parents are Bill and Barb...Elementary Education major...graduated top four percent of high school class...favorite food is pizza...favorite movie is "Pretty Woman"...enjoys listening to the Dave Matthews Band.  
**Athletics:** high school coach was Paul Fugere...four-time state qualifier in swimming...won state championship in 200 IM her junior season...helped school's 400 freestyle relay to state title her senior year...also three-time state qualifier in track.

## Erika Uthoff

Freshman  
Marengo, IA  
Iowa Valley HS



**Personal:** ...parents are Dale and Diane...Accounting major...Salutatorian of high school class...favorite movie is "The Running Man"...enjoys listening to N'Sync...favorite food is fettucine alfredo...athlete she admires most is Denny Heyns.  
**Athletics:** high school coach was Tony Blaur...won two straight Iowa high school state championships in the 100 breaststroke...four-time All-State swimmer in the breaststroke events.

## Sara Nachtman

Sophomore  
Dubuque, IA  
Dubuque Wahlert HS



**Personal:** ...parents are Charles and Jean...Chemistry major...favorite food is chicken and rice...favorite musical group is Fleetwood Mac...favorite quote is "Hard work makes me feel good"...athlete she admires most is Janet Evans.  
**Athletics:** high school coach was Pete Ross

## Kristen Harvey

Freshman  
Hoffman Estates, IL  
Fremd HS



**Personal:** ...parents are Mike and Arlene...Science Education major...favorite food is oranges...athlete she admires most is Jackie Joyner-Kersey.  
**Athletics:** high school coach was Andy Larson...placed at Illinois high school state meet three consecutive years...relay team placed at Senior Nationals.

## Debbie Williams

Freshman  
Omaha, NE  
Omaha North HS



**Personal:** ...parents are David and Julie...Biology major...favorite book is "The Scarlet Letter"...favorite quote is "Obstacles are just little stepping stones to success"...favorite food is pizza.  
**Athletics:** high school coaches were Allison Terry and Gary O'Neill.

# 1999/2000 Women's Results



October 22	6th Annual Panther Co-Ed Relays	Combined 2nd of 3
October 23	Panther 16 Event Invitational	3rd of 4
October 29	Southwest Missouri State	L, 105-133
October 30	Missouri Valley Conference Relays	4th of 6
November 5-6	@ Eastern Illinois Invitational	2nd of 5
November 12	@ Wisconsin-Milwaukee/Butler	
	Butler	W, 129-107
	UW-Milwaukee	L, 113-129
November 19	@ Bradley	W, 138-94
December 3	Iowa State	L, 86-149
December 4	Wisconsin-Green Bay	W, 126-115
Dec. 27-Jan. 8	TCU Classic @ Fort Worth, TX	4th of 5
January 14-15	@ Bradley Invitational	3rd of 5
January 22	@ Valparaiso	W, 129-102
January 28-29	@ IUPUI/ Xavier	
	Xavier	W, 77-28
	IUPUI	W, 70-43
	Xavier	W, 70-20
	IUPUI	W, 70-32
February 5	@ Bradley Sprint Dual	W, 132-76
February 17-19	Missouri Valley Conference Championship	5th of 6
February 24-26	Midwest Swimming Championships	1st of 6

1999/2000 SEASON REVIEW

## Records Set in the 1999/2000 Season

100 Freestyle	Sarah Hansvick	53.85
200 Freestyle	Sara Burbach	1:56.63
100 Backstroke	Abbie Peterson	1:00.00
100 Butterfly	Beth Jablonowski	1:00.33
200 Butterfly	Jennifer Sokolowski	2:10.63
100 Breaststroke	Sarah Hansvick	1:08.17
200 Breaststroke	Sarah Hansvick	2:27.83
200 IM	Sarah Hansvick	2:11.83
400 IM	Jennifer Sokolowski	4:39.13
200 Free Relay	Hansvick, Burbach, Jablonowski, Fletcher	1:38.55
400 Free Relay	Hansvick, Burbach, Brewer, Jablonowski	3:35.28
800 Free Relay	Burbach, Brewer, Hogan, Fletcher	7:56.09
200 Medley Relay	Peterson, Hansvick, Hogan, Fletcher	1:50.35
400 Medley Relay	Peterson, Hansvick, Sokolowski, Burbach	4:02.77





# UNI Women's All-Time Top Five

## 50 Freestyle

No.	Name	Time	Year
1.	Amanda Modlin	24.79	1999
2.	Jennifer Fletcher	24.94	2000
3.	Emily O'Toole	24.97	1995
4.	Melissa Tippet	24.99	2000
5.	Sarah Hansvick	25.00	2000

## 100 Freestyle

No.	Name	Time	Year
1.	Sarah Hansvick	53.67	2000
2.	Sarah Burbach	53.85	2000
3.	Beth Jablonowski	53.94	1999
4.	Kris Naae	54.14	1992
5.	Melanie Brewer	54.25	2000

## 200 Freestyle

No.	Name	Time	Year
1.	Sarah Burbach	1:56.63	2000
2.	Mary McCusky	1:58.29	1991
3.	Beth Jablonowski	1:58.97	1999
4.	Cindy Jergens	1:59.01	1981
5.	Sarah Hansvick	1:59.02	1999

## 500 Freestyle

No.	Name	Time	Year
1.	Mary McCusky	5:08.13	1991
2.	Jennifer Sokolowski	5:12.77	2000
3.	Sarah Hansvick	5:17.98	2000
4.	Sarah Burbach	5:19.57	2000
5.	Rachel Nosbisch	5:19.69	1999

## 1000 Freestyle

No.	Name	Time	Year
1.	Mary McCusky	10:38.19	1993
2.	Jennifer Sokolowski	10:52.57	2000
3.	Rachel Nosbisch	11:05.04	1995
4.	Anne Kuhkendall	11:09.21	1990
5.	Cindy Jergens	11:10.96	1983

## 1650 Freestyle

No.	Name	Time	Year
1.	Mary McCusky	17:39.07	1993
2.	Nat Reinking	18:25.31	1996
3.	Anne Kuhkendall	18:31.25	1990
4.	Meredith Benham	18:43.64	1997
5.	Cindy Jergens	18:48.76	1982

## 100 Butterfly

No.	Name	Time	Year
1.	Beth Jablonowski	1:00.33	2000
2.	Jennifer Sokolowski	1:00.53	1997
3.	Renee Bunger	1:00.80	1988
4.	Sarah Babler	1:00.81	1998
5.	Kristin Hogan	1:01.04	2000

## 200 Butterfly

No.	Name	Time	Year
1.	Jennifer Sokolowski	2:10.64	2000
2.	Beth Jablonowski	2:14.85	1999
3.	Kristin Hogan	2:15.12	2000
4.	Erin Hughes	2:17.77	1998
5.	Sarah Babler	2:17.80	1996

## 100 Backstroke

No.	Name	Time	Year
1.	Abbie Peterson	1:00.00	2000
2.	Emily O'Toole	1:01.47	1995
3.	Beth Jablonowski	1:02.03	1998
4.	Sara Urbas	1:02.09	1999
5.	Jennifer Fletcher	1:03.30	1999

## 200 Backstroke

No.	Name	Time	Year
1.	Sara Urbas	2:11.84	1998
2.	Abbie Peterson	2:13.44	2000
3.	Rachel Nosbisch	2:13.60	1999
4.	Erin Daniels	2:16.76	1996
5.	Emily O'Toole	2:16.76	1996

## 100 Breaststroke

No.	Name	Time	Year
1.	Sarah Hansvick	1:08.17	2000
2.	Molly Edwards	1:09.38	1999
3.	Anne Lewis	1:09.83	2000
4.	Nadine Ellis	1:10.38	1992
5.	Miya Molaison	1:10.58	2000

## 200 Breaststroke

No.	Name	Time	Year
1.	Sarah Hansvick	2:27.83	2000
2.	Molly Edwards	2:29.73	1999
3.	Anne Lewis	2:31.64	2000
4.	Nadine Ellis	2:32.69	1995
5.	Amber Denney	2:33.44	1995

## 200 IM

No.	Name	Time	Year
1.	Sarah Hansvick	2:11.83	2000
2.	Beth Jablonowski	2:12.16	1999
3.	Molly Edwards	2:15.87	1999
4.	Kim Kadlec	2:15.90	1991
5.	Kristin Hogan	2:16.25	2000

## 400 IM

No.	Name	Time	Year
1.	Jennifer Sokolowski	4:39.13	2000
2.	Beth Jablonowski	4:43.75	2000
3.	Sara Urbas	4:46.63	1999
4.	Molly Edwards	4:49.15	1996
5.	Kim Kadlec	4:50.08	1992

# MVC CHAMPIONS & HONORS



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## 200 Freestyle Relay

Sarah Hansvick, Sara Burbach,  
Beth Jablonowski, Jennifer Fletcher 1:38.55 2000

## 400 Freestyle Relay

Sarah Hansvick, Sara Burbach,  
Melanie Brewer, Beth Jablonowski 3:35.28 2000

## 800 Freestyle Relay

Sarah Burbach, Malanie Brewer,  
Kristin Hogan, Beth Jablonowski 7:56.09 2000

## 200 Medley Relay

Abbie Peterson, Sarah Hansvick,  
Kristin Hogan, Jennifer Fletcher 1:50.35 2000

## 400 Medley Relay

Abbie Peterson, Sarah Hansvick,  
Jennifer Sokolowski, Sarah Burbach 4:02.30 2000

## 1999/2000 Season

### First Team All-Conference

Jennifer Sokolowski  
200 Butterfly



Sokolowski

### Honorable Mention All-Conference

Sara Burbach  
100 Freestyle



Jablonowski

Jennifer Sokolowski  
400 Individual Medley

## 1998/1999 Season

### Honorable Mention All-Conference

Beth Jablonowski  
200 Individual Medley

## 1995/1996 Season

### Second Team GTE All Region All-Academic

Erin Daniels

## Wellness & Recreation Center Pool Records

### SWIMMING

Event	Winner	Time	Date
50 Free	Lovrenco Franicevic (Iowa State)	24.86	12/5/98
100 Free	Erin Endres (Iowa State)	54.00	12/5/98
200 Free	Sarah Burbach (Northern Iowa)	1:57.30	12/3/99
500 Free	Erika Vohout (Iowa State)	5:13.09	12/5/98
1000 Free	Bridget Riley (Truman State)	10:47.83	10/23/99
100 Fly	Amber McDowell (Iowa State)	1:00.50	12/5/98
200 Fly	Angie Ridnouer (Truman State)	2:15.60	10/24/98
100 Back	Andrea Newton (Truman State)	1:00.17	10/24/98
200 Back	Andrea Newton (Truman State)	2:09.03	10/24/98
100 Breast	Erika Uthoff	1:06.51	12/01/00
200 Breast	Erika Uthoff	2:26.60	12/01/00
200 IM	Lisa Miles (Iowa State)	2:12.93	12/5/98
200 Medley Relay	Iowa State	1:50.14	12/5/98
400 Medley Relay	UNI (Ditscheit, Uthoff, Hogan, Burbach)	4:04.15	12/01/00
200 Free Relay	Truman State	1:38.84	10/23/99
400 Free Relay	UNI (Williams, Brewer, Tippet, Burbach)	3:41.50	12/1/00

### DIVING

Event	Winner	Points	Date
1 Meter Dive	Erin Cowan (Iowa State)	225.53	10/23/99
3 Meter Dive	Allie DeKock (St. Louis)	237.00	10/24/98



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# 2000/01 MEN'S ROSTER

Name	Year	Hometown/High School
Alex Baston	Freshman	Ottumwa, IA (Ottumwa)
Kelly Boylan	Freshman	Mesa, Arizona (Mesa West)
Adam Cremieux*	Sophomore	Palos Heights, IL (Stagg)
Alex Girard	Freshman	Cedar Falls, IA (Cedar Falls)
Tim Goodknight	Freshman	Omaha, NE (Millard West)
Tyler Hammond	Sophomore	Omaha, NE (Millard South)
Andrew Holland	Freshman	Clinton, IA (Clinton)
Jay Johnson	Sophomore	Urbandale, IA (Urbandale)
Tony Kramer**	Senior	Robins, IA (Cedar Rapids Kennedy)
Joe Kukla	Freshman	Dubuque, IA (Hempstead)
Christian Marsh	Sophomore	Clinton, IA (Camanche)
John Matzen	Freshman	Fairfield, IA (Fairfield)
Phillip Strom	Freshman	Clinton, IA (Clinton)

\* letters earned

## 2000-01 Outlook

### Torching the Record Books

The UNI men's squad broke four school records and set numerous top five times last season. The Panthers won six of their last seven meets.

### Strong Rookie Class

The men's team has many talented freshmen ready to make their mark at the collegiate level. Former Dubuque (IA) Hempstead prep **Joe Kukla** hopes to make a splash this season. He was a high school all-stater and a three-time state qualifier. His expertise in the butterfly events will strengthen that segment of the team. **Phillip Strom** also brings an impressive career to UNI. He was an all-conference performer and four-time state qualifier at Clinton (IA) High School.

### A Tall Order

Freshman **Alex Girard** (Cedar Falls High School) will help out the Panthers in the distance freestyle events. At 6-10, Girard is the tallest Division I swimmer.

### Mr. Versatility

Joining the men's squad during the spring term will be **Kelly Boylan** (Mesa, Arizona). Coach Danny May believes Boylan will swim top times in butterfly as well as the backstroke and intermediate events. Boylan's first meet will be at Southwest Missouri State on January 12.

### Leading the Way

Sophomore **Adam Cremieux** (Stagg) will lead the Panther swimming program. The Palos Heights, Illinois, native specializes in the freestyle sprints and anchors relays. Cremieux comes into this season in better shape and May will look to Cremieux for better times.

### The Big Splash

**Tony Kramer** (Kennedy) is the only multi-letter winner returning to the men's team. The senior will lead the diving team, along with **Christian Marsh** (Camanche) and **Andrew Holland** (Clinton).



## Adam Cremieux

Sophomore  
Palos Heights, IL  
Stagg HS



**Captain**

**Personal:** ...parents are Arthur and Judith...Business major...nickname is "Beef"...favorite movie is "Braveheart"...favorite quote is "Every man dies, but not every man really lives"...favorite food is veal parmesan.

**Athletics:** high school coach was Robert Ferkuluk...all-conference senior year in 200 freestyle.

## Jay Johnson

Sophomore  
Urbandale, IA  
Urbandale HS



**Personal:** ...parents are Bob and Gayle...Accounting major...favorite food is Swedish pancakes...favorite musical group is the Goo Goo Dolls...athlete he admires most is Cris Carter...favorite novel is "Amazing Grace".

**Athletics:** high school coach was Shari Walling...swim team captain...also competed in high school state golf tournament his junior and senior seasons.

## Tim Goodnight

Freshman  
Omaha, NE  
Millard West HS

**Personal:** ...parents are Tim and Tena...Marketing major...favorite food is chicken...athlete he admires most is David Lammel...favorite book is "Dances With Wolves"...favorite movie is "Last Boy Scout".

**Athletics:** high school coach was Tracy Stauffer...high school team was state runner-up.

## Tony Kramer

Senior  
Robins, IA  
Kennedy HS



**Captain**

**Personal:** ...parents are Kirk and Jane...Biomedical major...favorite dessert is ice cream...athlete he admires most is Greg Louganis...favorite musical group is Def Leppard...favorite movie is "Full Metal Jacket".

**Athletics:** high school coach was Steve Shean...honorable mention all-conference last year.

## Alex Baston

Freshman  
Ottumwa, IA  
Ottumwa HS



**Personal:** ...parents are Bob and Sarah...Marketing major...Honor Roll student since seventh grade...favorite quote is "A job half done has just begun...enjoys listening to Garth Brooks...favorite movie is "Die Hard"... favorite food is spaghetti.

**Athletics:** high school coach was Mike McWilliams...two-time state swimming qualifier...also made state golf tournament one year.

## Joe Kukla

Freshman  
Dubuque, IA  
Hempstead HS



**Personal:** ...parents are Lawrence and Mariann...Biology major...National Honor Society member...favorite quote is "Tomorrow is not promised to anyone"...favorite food is pizza...favorite movie is "Braveheart"...athlete he admires most is Jim Brown...favorite musical group is Rage Against the Machine.

**Athletics:** high school coach was Bob Wren...three-time state qualifier...two-time team MVP...all-stater in the 100 butterfly...Academic All-American.

## Tyler Hammond

Sophomore  
Omaha, NE  
Millard South HS



**Personal:** ...parents are William and Lisa...Physical Education major...favorite food is pizza...favorite film is "The Matrix"...athlete he admires most is David Lammel...favorite musical group is Lynyrd Skynyrd...favorite book is "War & Peace".

**Athletics:** high school coach was Rob Wennstedt...two-time state champion...multi-record holder in backstroke events.

## Alex Girard

Freshman  
Cedar Falls, IA  
Cedar Falls HS

**Personal:** ...parents are Jeff and Ann...Art major...won UNI art scholarship... favorite food is a pickle...favorite movie is "Goonies"...favorite quote is "Humor is tragedy plus time".

**Athletics:** high school coach was Dick Marcussen.

## Andrew Holland

Freshman  
Clinton, IA  
Clinton HS



**Personal:** ...parents are Craig and Lynn...Public Relations major...favorite musician is Neil Young...favorite novel and movie is "Fight Club"...enjoys eating Mexican food.



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# UNI Men's All-Time Top Five

## 50 Freestyle

No.	Name	Time	Year
1.	Jacob Stahl	20.41	1996
2.	Jeremy Voights	21.25	1996
3.	Erik Hoak	21.34	1995
4.	Pat Bonoso	21.42	1996
5.	Mike Dehaan	21.45	1980

## 100 Freestyle

No.	Name	Time	Year
1.	Jacob Stahl	45.12	1996
2.	Ben Reinking	46.30	1996
3.	Brad Gerrish	46.80	1980
4.	Bryce Hoffman	46.97	1999
5.	Jeremy Voights	46.99	1996

## 200 Freestyle

No.	Name	Time	Year
1.	Jacob Stahl	1:41.14	1997
2.	Dennis Davis	1:42.38	1980
3.	Nic Cheviron	1:42.43	2000
4.	Kevin Meacham	1:43.70	1977
5.	Brad Gerrish	1:44.16	1980

## 500 Freestyle

No.	Name	Time	Year
1.	Nic Cheviron	4:38.50	2000
2.	Marc Sullivan	4:40.44	1987
3.	Kirk Gibson	4:41.14	1991
4.	Bill Fowler	4:43.37	1975
5.	Jeff Engel	4:43.39	1984

## 1000 Freestyle

No.	Name	Time	Year
1.	Nic Cheviron	9:49.14	2000
2.	Kevin Meacham	9:50.00	1977
3.	Mark Sullivan	9:51.72	1987
4.	Jeff Engel	9:57.30	1984
5.	Bill Fowler	9:57.48	1975

## 1650 Freestyle

No.	Name	Time	Year
1.	Nic Cheviron	16:14.31	2000
2.	Mark Sullivan	16:22.83	1985
3.	Jeff Engel	16:25.51	1984
4.	Kevin Meacham	16:29.70	1977
5.	Bill Fowler	16:30.24	1975

## 100 Butterfly

No.	Name	Time	Year
1.	Mark Long	50.51	1986
2.	Pat Willey	52.28	1998
3.	Phil Luebke	52.29	1992
4.	Jeff Summey	52.41	1999
5.	Todd Warth	52.68	1985

## 200 Butterfly

No.	Name	Time	Year
1.	Phil Luebke	1:55.97	1993
2.	Pat Willey	1:57.08	1998
3.	Scott Reinhart	1:58.52	1985
4.	Mark Long	1:58.73	1986
5.	Jeff Summey	1:59.22	1999

## 100 Backstroke

No.	Name	Time	Year
1.	Bryce Hoffman	53.35	1999
2.	Eric Hoak	53.67	1995
3.	Brad Shoentag	53.85	1992
4.	Bill Saxton	54.30	1985
5.	Rob Peterson	54.98	1999

## 200 Backstroke

No.	Name	Time	Year
1.	Bryce Hoffman	1:57.11	1999
2.	Eric Hoak	1:58.06	1994
3.	Brad Shoentag	1:59.96	1992
4.	Chuck Flatness	1:59.96	1988
5.	Jay Atwood	2:00.29	1993

## 100 Breaststroke

No.	Name	Time	Year
1.	Luke Graft	58.17	1998
2.	Ian Barnhouse	58.78	1996
3.	Dan Glascock	58.79	1988
4.	Mike Morris	59.12	2000
5.	Matt Hamer	59.41	1996

## 200 Breaststroke

No.	Name	Time	Year
1.	Mike Morris	2:07.77	2000
2.	Dan Glascock	2:07.93	1988
3.	Ian Barnhouse	2:08.18	1996
4.	Mark Williams	2:10.80	1997
5.	Dan Kadlec	2:11.22	1985

## 200 IM

No.	Name	Time	Year
1.	Matt Lawson	1:55.71	1987
2.	Brad Shoentag	1:57.21	1992
3.	Bryce Hoffman	1:57.49	1999
4.	Luke Graft	1:57.64	1997
5.	Dan Kadlec	1:58.78	1988

## 400 IM

No.	Name	Time	Year
1.	Matt Lawson	4:08.00	1987
2.	Brad Shoentag	4:16.17	1992
3.	Adam Nosbisch	4:17.30	1999
4.	Luke Graft	4:19.14	1998
5.	Dan Kadlec	4:19.90	1988

**200 Free Relay**

Jacob Stahl, Eric Hoak,  
Jeremy Voights, Pat Bonuso 1:23.85 1996

**400 Free Relay**

Brad Gerrish, Mike Dehaan,  
Dekock, Dennis Davis 3:07.89 1980

**800 Free Relay**

Jacob Stahl, Ben Reinking,  
Jeff Summy, Jeremy Voights 6:58.71 1996

**200 Medley Relay**

Erick Hoak, Ian Barnhouse,  
Joel Stevens, Ben Reinking 1:36.26 1996

**400 Medley Relay**

Bryce Hoffman, Greg Hamer,  
Jeff Summy, Jacob Stahl 3:30.71 1998

**1999/2000 Season****Honorable Mention All-Conference**

Nic Cheviron  
1650 Freestyle

Mike Morris  
100 Breaststroke

Tony Kramer  
One-meter diving  
Three-meter diving

**Morris****1998/1999 Season****Honorable Mention All-Conference**

Bryce Hoffman  
100 Breaststroke

**Hoffman****Wellness & Recreation Center Pool Records****SWIMMING**

Event	Winner	Time	Date
50 Free	Jason Difani (St. Louis)	21.65	10/23/99
100 Free	Jason Difani (St. Louis)	48.45	10/23/99
200 Free	Josh Kercheval (Eastern Illinois)	1:45.21	10/23/99
500 Free	Evan Deszoeke (Iowa State)	4:45.08	12/5/98
1000 Free	Josh Nogar (Iowa State)	9:51.39	1/16/99
100 Fly	Mitchell McGinty (Iowa State)	50.40	12/5/98
200 Fly	Matt Pray (Truman State)	1:59.41	10/23/99
100 Back	Pedar Skoog (Iowa State)	52.96	12/5/98
200 Back	Kelly Boylan	1:56.89	1/22/01
100 Breast	Michael Morris (Truman State)	1:00.95	10/24/98
200 Breast	Michael Morris (Truman State)	2:14.31	10/24/98
200 IM	Josh Kercheval (Eastern Illinois)	1:58.90	10/23/99
200 Medley Relay	Iowa State University	1:36.12	12/5/98
400 Medley Relay	UNI (Hoffman, Williams, Willey, Pruess)	3:40.40	1/16/99
200 Free Relay	UNI (Nosbisch, Napier, Pruess, Hallenbeck)	1:30.08	1/16/99
400 Free Relay	UNI (Matzen, Boylan, Strom, Cremieux)	3:19.85	1/22/01

**DIVING**

Event	Winner	Points	Date
1 Meter Dive	Tony Kramer (UNI)	250.00	10/23/99
3 Meter Dive	Tony Kramer (UNI)	209.60	10/23/99





# 1999/2000 Men's Results

October 22	6th Annual Panther Co-Ed Relays	Combined 2nd or 3
October 23	Panther 16 Event Invitational	1st of 4
October 29	Southwest Missouri State	L, 73-163
October 30	Missouri Valley Conference Relays	4th of 5
November 5-6	@ Eastern Illinois Invitational	1st of 5
November 12	@ Wisconsin-Milwaukee/Butler	
	Butler	W, 152-77
	UW-Milwaukee	L, 93-147
November 19	@ Bradley	W, 128-65
December 3	Iowa State	L, 91-135
December 4	Wisconsin-Green Bay	W, 126-115
Dec. 27-Jan. 8	TCU Classic @ Fort Worth, TX	4th of 4
January 14-15	@ Bradley Invitational	3rd of 5
January 22	@ Valparaiso	L, 75-121
January 28-29	@ IUPUI/ Xavier	
	Xavier	W, 79-32
	IUPUI	W, 80-33
	Xavier	W, 72-30
	IUPUI	W, 81-23
February 5	@ Bradley Sprint Dual	W, 151-82
February 17-19	Missouri Valley Conference Championships	4th of 5
February 24-26	Midwest Swimming Championships	1st of 6

## Records Set in 1999/2000 Season

500 Freestyle	Nic Cheviron	4:38.50
1000 Freestyle	Nic Cheviron	9:49.65
1650 Freestyle	Nic Cheviron	16:14.31
200 Breaststroke	Mike Morris	2:07.77

## Other Highlights...

Coach May was named Men's Swimming Coach of the Year at the Midwest Championships.

Tony Kramer sets both pool diving records at Panther 16 Event Invitational.

Three athletes selected for all conference honors and squad more than doubled point total of previous year at Missouri Valley Conference Championships.



# 2000-2001 Northern Iowa Swimming & Diving



Oct. 13 at Southwest Missouri State Invitational 6 p.m.  
Oct. 14 Missouri Valley Conference Shootout  
at Springfield, MO 11 a.m.  
Oct. 20 Northern Illinois, Western Illinois 6 p.m.  
Oct. 27 Panther Relays 6 p.m.  
Oct. 28 Panther Invitational 6 p.m.  
Nov. 10 at Wisconsin-Green Bay 6 p.m.  
Nov. 11 at Wisconsin-Milwaukee Invitational 1 p.m.  
Dec. 1 St. Johns 6 p.m.  
Dec. 2 at Iowa State 1 p.m.  
Jan. 12 at Southwest Missouri State 6 p.m.  
Jan. 13 at Truman State Invitational 1 p.m.  
Jan. 19 at Illinois State (Women Only) 6 p.m.  
Jan. 20 at Western Illinois 1 p.m.  
Jan. 27 at Bradley Invitational (Men Only) All Day  
Feb. 3 Bradley Sprint Dual 1 p.m.

Feb. 15-17 Missouri Valley Conference Championships  
at Carbondale, IL  
Mar. 8-10 American Short Course Championships  
at Austin, TX  
Mar. 15-17 Women's NCAA Championships  
at Long Island, NY  
Mar. 22-24 Men's NCAA Championships  
at College Station, TX

**All Home Meets at Wellness Recreation Center Pool**